

*It's been a year of incredible change. Change that for many of us has been painful and confusing, change that often feels too much for any one of us to carry. But what if, underneath the surface of all that's been lost, another story exists — one of opportunity, persistence and hope. One that not only says, "You were made for change," but that you were made to thrive through it. Use these journal prompts to help guide you as you reflect on the past few months and look toward the future.*

**What might it mean for you to help  
REWRITE THE NARRATIVE of this year?**

**Is there something you need to LET GO of?  
If so, write about it here.**

**How might God be prompting you to REIMAGINE THE FUTURE,  
for yourself and for others?**

**WRITE A PRAYER asking the Holy Spirit  
to guide you on this journey.**

world relief 

**YOU  
WERE  
MADE  
FOR  
CHANGE**

