# World Relief Sacramento Youth Mentoring

### Our Purpose

Our services are intended to assist refugee and immigrant youth in adjusting and growing into their new communities. We do this through consistent after-school programming, community resourcing, mentoring, and academic empowerment services. Through these, we are presenting opportunities to students, families and community members to come together and build a stronger community of welcome and belonging.

Volunteer Responsibilities and Expectations:

- <u>Proof of Vaccination</u> All volunteers must provide a copy of their proof of COVID-19 vaccination
- <u>Age Requirement</u> Welcome Club minimum age requirement is 16 years old with parental consent, phone interview, and trial period LEAD minimum age requirement is 18 or older
- <u>Prepare & Participate</u>
  Every week we will send out the lesson plan for the upcoming program.
  Volunteers are expected to read the lesson plan BEFORE coming to serve.
- Bring the energy

Be ready to participate in all activities and help the students understand directions, topics, etc.

Be committed

It is important to have consistency with these students, showing up consistently. A key expectation is to notify our team when something prevents you from attending.

• Communicate

This is for everything; your frustrations, when you are not available, emergencies, etc. We want to be on the same page as you in supporting these students.



• <u>Complete the "after meeting" 5 question survey</u> We want to know how your group went, any behaviors that we need to keep an eye on, or a breakthrough that you made with a student.



### What is Welcome Club?

Welcome Club is an after-school program focusing on social-emotional learning topics, leadership, helping students gain confidence in friendships, and school expectations. Welcome Club is an active program that utilizes team-building activities, discussion groups, homework help, and interactive crafts to assist comprehension of lessons, regardless of English proficiency.

Volunteer Role: Welcome Club Coach

**Responsibilities:** 

- Facilitate and lead group discussions and group activities
- Commit to one day a week for the duration of the semester (or remainder thereof)
- Take notes on students' successes and struggles
- Delegate and work with other coaches
- Communicate with World Relief staff

Skills:

- Flexible
- Sympathetic & Patient Listener
- Comfortable leading a group (that is possibly unpredictable :)
- Strong communicator
- Energetic and willing to take on a challenge
- Adaptable

Location and Times:

- Carmichael
  - Mondays: 2:30-4:30pm or
  - o Fridays: 2:40-4:40pm



## What is the LEAD High School Program?

LEAD is a leadership program designed for high school students who are looking to learn and experience different qualities and attributes of leadership. From understanding strengths and values to conflict resolution techniques. This 10-week program will meet once a week and discuss different topics that are relatable and applicable to our students' daily lives. In this program, we will incorporate team-building activities, in addition to study hall for homework assistance, discussion groups and opportunities for the students to experience something new.

#### Volunteer Role: LEAD Coach

**Responsibilities:** 

- Facilitate and lead group discussions and group activities
- Commit to one day a week for the duration of the semester (or remainder thereof)
- Take notes on student's successes and struggles
- Delegate and work with coaches
- Communicate with World Relief staff

Skills:

- Flexible
- Listening skills
- Comfortable leading a group (that is possibly unpredictable :)
- Good communicator
- Energetic and willing to take on a challenge
- Be adaptable

Location and Times:

- Carmichael/Arden-Arcade
  - Tuesdays: 3-5pm or
  - Wednesdays: 3-5pm or
  - Thursdays: 2:30-4:30pm

