

# RESOURCES

## Direct Services

### **Youth Focus**

(336) 333-6853

### **Kellin Foundation**

(336) 429-5600

### **Sandhills**

Crisis Line: 1-833-600-2054

24 Hour Call Center: 1-800-256-2452

### **Family Service of the Piedmont: Child Advocacy Center**

Greensboro: (336) 387-6161 Ext. 3319

High Point: (336) 889-6161 Ext. 3328

### **Alexander Youth Network Crisis Center**

(336) 375-5502

### **Family Justice Center**

(336) 641-7233

*Further resources can be found on the back*

# RESOURCES

## Emergency Resources

### **Guilford County Behavioral Health Center**

(336) 890-2700

931 Third St.  
Greensboro, NC 27405

## 24 Hour Hotline Numbers

### **National Human Trafficking Hotline**

888-373-7888

### **Suicide Hotline**

800-273-8255

## Social Resources

### **Guilford Green Foundation and LGBTQ Center**

(336) 790-8419

---

### **Sources Cited:**

Polaris Project  
E Care Behavioral Health Institute

*Developed by World Relief Triad through locally raised funds and Family Service of the Piedmont through funds provided by the NC Governor's Crime Commission PROJ 014075.*

# YOUTH MENTAL HEALTH RESOURCE FOR PARENTS

## GUILFORD MINOR TRAFFICKING RESPONSE TEAM

*The Mission of the Guilford Minor Trafficking Response Team is to engage the community in enhancing emergency responses to identify and intervene with youth who are high risk for human trafficking.*

# GROOMING

***"Traffickers are experts at finding those moments when people are vulnerable, of working the angles, of manipulating reality and leveraging fears."*** -Polaris Project

## The Grooming Process:

**Targeting:** taking advantage of vulnerabilities

**Gaining trust:** Obtaining personal information and making the youth feel comfortable

**Meeting needs:** Buying gifts, providing friendship, buying drugs or alcohol

**Isolation:** Creating time alone with the youth and distancing them from other relationships

**Exploitation:** Trafficker begins to require services in order for needs to be met, threats

**Maintaining control:** Using force, fraud, or coercion to control

*Grooming often begins through social media. You can find our social media resource and others here:*

<https://worldrelief.org/triad/our-work/anti-human-trafficking/aht-resources/>

# CLINICAL ASSESSMENTS

## What are clinical assessments?

A Comprehensive Clinical Assessment (CCA) is a face to face mental health evaluation that results in a written report that will assist in creating the best possible treatment plan for the client.

## Why are they important?

- CCAs can help to inform the best treatment plan
- CCAs help minimize the risk of misdiagnosis
- CCAs can help the youth understand what they are experiencing
- CCAs are often required first before one can access any additional resources.

## Access to an emergency CCA:

*In the case of an emergency situation:*

[Guilford County Behavioral Health Center](#)

This facility will provide an urgent clinical assessment and can also provide follow-up care.

*(Wait times will be dependent on how many clients are in the center at the time of arrival.)*

# STAY AWARE

## Common concerns

- Running away
- Anxiety and or depression
- Substance abuse
- Self-harm
- Severe mood swings or changes in behavior
- Loss of interest in activities

## Tips for caregivers

- Check in with your youth
  - Ask how they're doing
  - Listen to what they're saying
- Avoid blame and shame
  - Acknowledge their feelings
  - Say phrases such as, "I hear you"
- Let your youth lead the conversation

## Advocate

[Advocate for your youth!](#)

- Feel empowered to advocate for proper care and response
- No clinical assessment should simply label a minor as a "bad kid"
- Every child deserves a proper and thorough assessment to address needs and to help craft a proper response