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SCOPE SUCCESS STORY

KENYA



Mama Kaikor Nakali, a Care Group member at Ekichele Village in Turkana County.

USAID/World Relief: Engoleyo Peter, Care Group Supervisor.

NAME AND ROLE

Mama Kaikor Nakali, a member of the Ekichele Village Care Group.

LOCATION

Kaaleng/Kaikor Ward, Kibish Sub-County, Turkana County, Kenya

SUMMARY

SCOPE's Care Group lessons on hygiene awareness and latrines bring positive transformation to a family in Turkana County.

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IMPACT OF CARE GROUPS ON THE COMMUNITY IN TURKANA COUNTY

SCOPE's Care Groups address behavior change within women of reproductive age in Kenya by bringing quality improvement to the health of women and their families by addressing hygiene, sanitation, and disease prevention. Care Groups are groups of five community-based volunteer health educators who meet with project staff regularly for training and supervision. They differ from traditional mothers' groups in that each volunteer is responsible for regularly visiting six of her neighbors sharing knowledge and facilitating behavior change at the household level. In Turkana County, Care Group lessons have changed one family's life for the better.

SCOPE Care Groups work to contribute to community behavior change that leads to reduction of preventable maternal and child illnesses and death.

Improving Health Outcomes through Better Sanitation

Mama Kaikor Nakali is a 46-year-old married mother of seven children who lives in Ekichele Village, a small town in the vast arid region of Turkana County. She is a traditional birth attendant (TBA) and a member of a Care Groups' Neighbor Women Group – a group of women who meet with the Care Group Volunteer once every two weeks to hear new health lessons.

The monthly Care Group lessons offered by World Relief have brought positive change to Mama Kaikor and the Ekichele Village community by addressing topics such as disposal improved latrine, diarrhea transmission and hygiene. After engaging with these lessons, Mama Kaikor even constructed a pit latrine at her home using locally



Pit latrine that Mama Kaikor Nakali constructed using locally available materials.

USAID/World Relief: Engoleyo Peter, Care Group Supervisor.

available materials to improve the health and hygiene of her family. Her family now feels less

prone to disease than they were prior to the installation of the latrine.

Mama Kaikor attributes the positive impact on her family to the knowledge she gained through Care Group lessons and shares her experience with other mothers in her village. She envisions improved health and disease prevention continuing to rise due to Care Groups in her community. As Mama Kaikor shared: "The lessons I am receiving from the Care Groups have really changed my household health situation and that of my neighbors."

Promoting Health Seeking Behavior to Lower Mortality Rates

Stories like Mama Kaikor's demonstrate the effectiveness of Care Groups in promoting health-seeking behavior in Turkana County. Care Group lessons address key thematic areas of RMNCH, COVID, and WASH, focusing on positive behavior change. As a result, Care Group methodology will contribute to SCOPE's goal of reducing preventable maternal and child mortality and morbidity.

This story is written by Engoleyo Peter, Care Group Supervisor, Turkana County, Kenya, and Elizabeth Cooper, Communications Intern