

Travel Checklist Details

Travel	Assist in understanding and accessing public transportation options
	Assist with planning long-term transportation solutions

Assist in understanding and accessing public transportation options

The Rochester Transit System (RTS), offers a simple and affordable means of transportation for thousands of Rochestarians. It also provides an incredible way to empower clients to be self-sufficient. Our hope is for every client to feel comfortable and confident to use RTS by their third month in Western NY. Once they become confident in using RTS, we encourage you to stop driving them to their health appointments, grocery shopping, laundromats, etc., unless it is necessary. This is one of the best ways to help families become self sufficient and move from relief to rehabilitation and development.

We understand that you might not have used RTS before, so we have created an [RTS Bus Training](#) with **you** in mind. Our case workers have found that the faster a family learns how to use RTS, the faster they become self-sufficient.

Assist with planning long-term transportation solutions

Long-term transportation solutions provide means to self-sustainability, integration, and development for our clients. The solutions will vary depending on the particular interests, skillsets, location, and job of the family you are connected with. While there is no one long-term solution, here are a few ideas to think through as a GNT:

- Walking/riding bike to and from work
- Mastering RTS
- Carpooling with friend and/or coworker
- Attaining learner's permit and license
- Creating a plan/budget for purchasing a car