



Give your child a **HEAD START!**

You might be eligible for free, high-quality preschool and early education for your child!

Head Start is a federally funded program that provides free services to support **preschool and early learning and development, health, and well-being** for families that meet certain criteria and have children from birth to age 5, as well as individuals who are pregnant. Your Head Start program may offer additional services beyond those listed below.

What is Provided?

Pregnancy Services

We connect families with community resources that provide support with accessing food, housing, mental health services, and other resources



Early Care & Education

We provide free, full-day* preschool and early education for children from birth to age 5
**at least six hours per day*

Nutrition Services

We provide healthy meals for children and access to nutrition supports for families

Health & Wellness

We provide health screenings for children (including medical, dental, hearing, and vision) and support families with establishing ongoing medical and dental homes

Parenting Support & Engagement

We partner with families to help them reach their own self-sufficiency goals, and we provide parenting support based on an evidence-based curriculum

How do I Sign Up?

Check if you qualify and find a Head Start center near you by scanning the QR code to the right or by going to <https://eclkc.ohs.acf.hhs.gov/center-locator>.

Head Start prioritizes services for families with lower incomes, children with special needs, families experiencing homelessness or engaged in the foster care system, families receiving public assistance, and other families depending on circumstances and availability.

You can also call 1-866-763-6481 (toll-free) from 8 AM – 6 PM ET Monday through Friday or email HeadStart@eclkc.info with any questions.

