

## FREE AND LOW COST BICYCLES

Transportation can be one of the largest hurdles facing a newly arriving family. Bicycles are a great form of transportation and can be acquired for free or at a significantly lower price than new ones.

Cycles 4 Hope (C4H) partners with World Relief Sacramento to provide free bikes and repairs to families in need. WRS only receives a few bicycles per month, and families must inform their WRS Caseworker to be added to a waiting list. Please note that C4H is currently only providing bikes to adults. To help a family fill out an application for a free bike visit the [Cycles 4 Hope website](#).

For low cost bicycle repairs, visit the [Sacramento Bicycle Kitchen](#) website.

[Craigslist](#) is a great place to find low cost bikes for adults and children. It is also a great teaching opportunity on how to use the website to purchase used items from people in the community.

Local thrift stores are also a great option to look for used bicycles and other household goods.