



Team Information | Memphis Cup of Nations

Everything teams and players need to know for the Memphis Cup of Nations soccer tournament.

Tournament Application: [2026 Memphis Cup of Nations & Family Festival Soccer Team Tournament Application](#)

Tournament Format

- The Memphis Cup of Nations features a 7v7 soccer tournament format with 16 teams representing different nations.
- Each team represents a specific country or nation made up of players representing their country.
- The tournament follows a World Cup-style format with group stage matches and knockout rounds. Remaining teams participate in placement matches to determine final standings.

Player Eligibility & Team Registration

- For 2026, the Memphis Cup of Nations is open to male athletes 18 years of age or older as of the event start date.
- A link to register your team will be posted to the event website (MemphisCupofNations.com) on September 1st at 8:00PM CT.
- Team Captain's should register their team as soon as possible as registration will be reviewed for approval on a first come, first serve basis.
- Event organizers will review your team application. Upon review and approval, the team captain will receive an email with further instructions regarding the Draw Event and Tournament as well as a link to pay the team registration fee of \$200. **Your registration and eligibility to participate in the tournament is not final until the registration fee has been paid.**
- The first 16 teams to complete registration will be eligible to play. Teams that register after the first 16 slots have been filled will be added to a wait list. If we have 8 additional teams on the waiting list, organizers will consider expanding the tournament to a 24 team tournament.

Location and Time

Draw Event

- Date: October 3, 2026
- Location: To be determined. Registered teams will receive more information once details have been confirmed.
- **One key change in 2026 is that team captains and their teams are required to attend the Draw Event and wear their team uniforms.** We will treat the Draw Event as a media day that will

include a professional team photo, player interviews, the tournament drawing for groups, and a review of the rules. You will not want to miss this launch event!

Tournament

- All games will be played at Bellevue Baptist Church (2000 Appling Road)
- Round 1 of group play will occur on Friday, October 23. Teams are expected to arrive at 6:00pm for registration. Games will begin at 7:00pm on October 23rd.
- Round 2 and Round 3 of group play will occur on Saturday, October 24th. **All players and coaches are expected to arrive by 9am and participate in the Opening Ceremony and Parade of Flags at 10:00am on 10/24.**
- Semi-final games, 3rd place game, and Championship will be played after lunch on Saturday, October 24th.

Uniforms

- Teams must indicate their uniform colors on the Team Registration Form.
- If colors conflict, tournament organizers will provide pinnies.
- Shin guards are required.

Team Requirements

- Signed waiver forms required for each participant
- Minimum 7 players, maximum 15 players per team
- Players must be 18 years or older and not currently playing for a TSSAA High School Team
- Teams represent a specific country or nation
- A team captain must be designated
- Teams should plan to attend the tournament Draw Event/Media Day scheduled for October 3rd. Details will be shared upon registration.

Tournament Rules

- 7v7 format (6 field players + 1 goalkeeper)
- 15-minute halves with 5-minute halftime
- One referee for group stage matches; two referees for semi-finals and finals
- Penalty kicks permitted
- No offsides penalties
- All out-of-bounds plays restart with free kicks (no throw-ins)
- Unlimited substitutions (by registered team members)
- Slide tackling is not allowed.
- Field size is half of the IFAB standard field size
- Goal size: 6'H x 18'W (1.8m x 5.5m)
- Points: Win = 3, Tie = 1, Loss = 0
- Tiebreakers: Head-to-head, Goal Difference, Least Goals Allowed, Most Goals Scored, Penalties

Sanctioning

- The tournament is sanctioned with US Soccer through USSSA. The tournament director will receive \$2,000,000 in liability and facility insurance coverage for the tournament.

Referees

- Referee Assignor: Mark Herrington
- Referee Coordinator: Brian Maness

Questions?

Contact the organizing committee for additional information about team requirements at adminmemphis@wr.org.